



# MVP CLINICAL YOGA THERAPY 2025 TRAINING DATES

## SPRING 2025

## SUMMER 2025

## FALL 2025

### JANUARY

#### YOGA FOR RECOVERY (M2)

JAN 4-6, 2025  
FOLLOW UP DATES;  
JAN 16TH & 30TH

### MAY

#### YT FOR MEMORY LOSS (M2)

FOLLOW UP DATE;  
MAY 1ST

#### PRE & POST YOGA INT. (M2)

MAY 10TH - 12TH  
FOLLOW UP DATES  
MAY 22ND & 29TH

### SEPTEMBER

**NADIS & MARMAS (M2)**  
FOLLOW UP DATES SEPT 11TH

#### GROUP YOGA THERAPY (M2)

SEPT 13TH - 15TH  
FOLLOW UP DATES  
SEPT 25TH

### FEBRUARY

### JUNE

#### PSYCHOLOGY OF YOGA (M2)

JUNE 14TH - 16TH  
FOLLOW UP DATES  
JUNE 26TH

### OCTOBER

#### GROUP YOGA THERAPY (M2)

FOLLOW UP DATES  
OCT 9TH

#### YT APPLICATIONS |

#### PRANAYAMA (M1)

OCT 11TH - 13TH  
FOLLOW UP DATES  
OCT 23RD

### MARCH

#### YT INTERVENTIONS (M2)

MAR 8TH - 10TH  
FOLLOW UP DATES;  
MAR 20TH

### JULY

#### PSYCHOLOGY OF YOGA (M2)

FOLLOW UP DATES  
JULY 10TH

#### BIOLOGY OF YOGA (M2)

JULY 12TH - 14TH  
FOLLOW UP DATES  
JULY 24TH & 31ST

#### YT APPLICATIONS FOR ANXIETY (M1)

JULY 26TH - 28TH

### NOVEMBER

#### YT APPLICATIONS |

#### PRANAYAMA (M1)

FOLLOW UP DATES  
NOV 6TH

#### SOUND HEALING (M2)

NOV 8TH - NOV 10TH  
FOLLOW UP DATES;  
NOV 20TH

### APRIL

#### YT INTERVENTIONS (M2)

FOLLOW UP DATE;  
APR 3RD

#### YT FOR MEMORY LOSS (M2)

APR 12TH - 14TH  
FOLLOW UP DATES;  
APR 24TH

### AUGUST

#### YT APPLICATIONS FOR ANXIETY (M1)

FOLLOW UP DATES  
AUG 7TH & 21ST

#### NADIS & MARMAS (M2)

AUG 9TH - 11TH  
FOLLOW UP DATES  
AUG 28TH

### DECEMBER

#### SOUND HEALING (M2)

FOLLOW UP DATES  
DEC 4TH