



MVP CLINICAL YOGA THERAPY 2025 TRAINING DATES

SPRING 2025

SUMMER 2025

FALL 2025

JANUARY

YOGA FOR RECOVERY (M2)
JAN 4-6, 2025
FOLLOW UP DATES;
JAN 16TH & 30TH

MAY

YT FOR MEMORY LOSS (M2)
FOLLOW UP DATE;
MAY 1ST

PRE & POST YOGA INT. (M2)
MAY 10TH - 12TH
FOLLOW UP DATES
MAY 22ND & 29TH

SEPTEMBER

NADIS & MARMAS (M2)
FOLLOW UP DATES SEPT 4TH

GROUP YOGA THERAPY (M2)
SEPT 13TH - 15TH
FOLLOW UP DATES
SEPT 25TH

FEBRUARY

JUNE

PSYCHOLOGY OF YOGA (M2)
JUNE 14TH - 16TH
FOLLOW UP DATES
JUNE 26TH

OCTOBER

GROUP YOGA THERAPY (M2)
FOLLOW UP DATES
OCT 2ND

**YT APPLICATIONS |
PRANAYAMA (M1)**
OCT 11TH - 13TH
FOLLOW UP DATES
OCT 23RD

MARCH

YT INTERVENTIONS (M2)
MAR 8TH - 10TH
FOLLOW UP DATES;
MAR 20TH

JULY

PSYCHOLOGY OF YOGA (M2)
FOLLOW UP DATES
JULY 3RD

BIOLOGY OF YOGA (M2)
JULY 12TH - 14TH
FOLLOW UP DATES
JULY 24TH & 31ST

**YT APPLICATIONS FOR
ANXIETY (M1)**
JULY 26TH - 28TH

NOVEMBER

**YT APPLICATIONS |
PRANAYAMA (M1)**
FOLLOW UP DATES
NOV 6TH

SOUND HEALING (M2)
NOV 8TH - NOV 10TH
FOLLOW UP DATES;
NOV 20TH

APRIL

YT INTERVENTIONS (M2)
FOLLOW UP DATE;
APR 3RD

YT FOR MEMORY LOSS (M2)
APR 12TH - 14TH
FOLLOW UP DATES;
APR 24TH

AUGUST

**YT APPLICATIONS FOR
ANXIETY (M1)**
FOLLOW UP DATES
AUG 7TH & 21ST

NADIS & MARMAS (M2)
AUG 9TH - 11TH
FOLLOW UP DATES
AUG 28TH

DECEMBER

SOUND HEALING (M2)
FOLLOW UP DATES
DEC 4TH