



MVP CLINICAL YOGA THERAPY  
2025 TRAINING DATES

SPRING 2025

SUMMER 2025

FALL 2025

JANUARY

**YOGA FOR RECOVERY (M2)**  
JAN 4-6, 2025  
FOLLOW UP DATES;  
JAN 16TH & 30TH

MAY

**YT FOR MEMORY LOSS (M2)**  
FOLLOW UP DATE;  
MAY 1ST

**PRE & POST YOGA INT. (M2)**  
MAY 10TH - 12TH  
FOLLOW UP DATES  
MAY 15TH & 29TH

SEPTEMBER

**NADIS & MARMAS (M2)**  
FOLLOW UP DATES SEPT 4TH

**GROUP YOGA THERAPY (M2)**  
SEPT 13TH - 15TH  
FOLLOW UP DATES  
SEPT 18TH

FEBRUARY

JUNE

**PSYCHOLOGY OF YOGA (M2)**  
JUNE 14TH - 16TH  
FOLLOW UP DATES  
JUNE 19TH

OCTOBER

**GROUP YOGA THERAPY (M2)**  
FOLLOW UP DATES  
OCT 2ND

MARCH

**YT INTERVENTIONS (M2)**  
MAR 8TH - 10TH  
FOLLOW UP DATES;  
MAR 13TH & 27TH

JULY

**PSYCHOLOGY OF YOGA (M2)**  
FOLLOW UP DATES  
JULY 3RD

**BIOLOGY OF YOGA (M2)**  
JULY 12TH - 14TH  
FOLLOW UP DATES  
JULY 17TH & 31ST

NOVEMBER

**SOUND HEALING (M2)**  
NOV 8TH - NOV 10TH  
FOLLOW UP DATES;  
NOV 20TH

APRIL

**YT FOR MEMORY LOSS (M2)**  
APR 12TH - 14TH  
FOLLOW UP DATES;  
APR 24TH

AUGUST

**NADIS & MARMAS (M2)**  
AUG 9TH & 11TH  
FOLLOW UP DATES  
AUG 28TH

DECEMBER

**SOUND HEALING (M2)**  
FOLLOW UP DATES  
DEC 4TH